

**TRI COUNTY SWIMMING
POOL ASSOCIATION
RULES AND REGULATIONS
2005
(LAST REVISED 2003)**

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**TRI COUNTY SWIMMING POOL ASSOCIATION
RULES AND REGULATIONS
COMPETITIVE SWIMMING AND CHAMPIONSHIP MEET**

REVISION LOG

1994	Appendix A
1995	Rule 2 - Section 6 Rule 7 - Section 1 Rule 12 - Section 1 Rule 12 - Section 2
1996	Rule 12 - Section 2
1997	Rule 2 - Section 7 (new) Rule 2 - Section 8 (renumbered from 7) Rule 10 - Section 8 (new) Rule 14 - Section 1 Rule 14 - Section 12 Rule 14 - Section 13 Rule 14 - Section 17
1998	Rule 2 - Section 2.A Rule 9 - Section 5 Rule 10 - Section 7 Rule 14 - Section 11 Rule 17
1999	Rule 7 Section 2.A Rule 3 - Section 8 Rule 14 - Section 8 Rule 14 - Section 15 (removed)
2000	Rule 7 Section 4 (paragraph H. inserted)

**REVISION LOG
CONTINUED**

2002

**Rule 2 Section 6 & 7
Rule 3 Section 8 (editorial)
Rule 4 (editorial)
Rule 4 (deleted Section 1)
Rule 7 Section 2.C added
Rule 7 Section 4.D
Rule 7 Section 4.E (inserted), 4.E-G re-lettered
Rule 7 old Section 4.H (deleted)
Rule 7 Section 4.I
Rule 9 Section 5
Rule 10 Section 7 (editorial)**

2003

**Rule 2 Section 6 (editorial)
Rule 7 Section 1**

**TRI COUNTY SWIMMING POOL ASSOCIATION
RULES AND REGULATIONS
COMPETITIVE SWIMMING AND CHAMPIONSHIP MEET
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(LAST REVISED 2003)**

Each Member Club's Representative shall be responsible for compliance with the administrative aspects of these rules by the club's officials, coaches, competitors and member spectators in order to insure that competition starts promptly and proceeds smoothly. The TCSPA Representative shall also be responsible for the club furnishing its quota of competent officials.

All meets shall be conducted in accordance with current USA Swimming Rules (short course) subject to the following modifications and/or additions.

RULE 1. THE COURSE

The course shall be 25 meters. No TCSPA record may be established with a flag finish.

RULE 2. CLASSES OF COMPETITION

- SECTION 1. Classes and events shall be recommended by the swimming committee and approved by the TCSPA Representatives.
- SECTION 2. A swimmer's competitive age for the entire season shall be said swimmer's age as of June 15.
- SECTION 3. In dual meets, participants may compete in more than one age group in individual events, but may not swim the same stroke. In the relay events a swimmer may swim up, subject to Rule 2, Section 7.
- SECTION 4. In the Championship Meet, participants must compete in their own age groups in all events, including relays.
- SECTION 5. A competitor who, through inadvertence, swims in a lower age group than his actual age shall be disqualified in that event. Any swimmers finishing after him shall move up in order and the points awarded accordingly. If the error is believed not to be inadvertent, the offended Club may refer the matter to the President of TCSPA for direction.

SECTION 6. A team may not enter nor swim more than three (3) official swimmers in each individual event nor more than three (3) official teams of four (4) in relay events in dual meet competition.

Unofficial swimmers (including unofficial relays) may be entered only in lanes one or six in dual meets if they are swimming in an event that is the same stroke, same sex and same distance. A swimmer cannot swim in a lower age group.

Unofficial heats of individual or relay events may be conducted following the conclusion of dual meets with the consent of both TCSPA Representatives. No cards are to be sent in and nothing written on the meet sheets concerning these swimmers. These times shall not count as qualifying times. There shall be no unofficial heats of individual or relay events in dual meets.

SECTION 7. In dual meets, an official relay team must consist of four (4) swimmers of the same sex who are eligible to compete in that age group (may include swimmers-s swimming up).

A **Alegal**® relay team, for championship seeding purposes, must consist of four (4) swimmers of the same sex and the same age group competing in a relay event of the same gender and same distance.

Note if a relay team swims in an age group above its own, but is **Alegal**®, the time achieved may be used in the seeding for the Championship meet.

SECTION 8. A competitor may not compete officially in more than any two individual swimming events, 1 medley and 1 freestyle relay. An offender shall suffer disqualification in all extra events participated in after exhausting his eligibility. The score of the events shall be adjusted to recognize the disqualification in all events. If the violations are discovered during the meet, the Referee shall apply this Rule. If discovered within one week after the meet, the injured Club may, at its discretion, apply to the President of TCSPA for redress and recalculation of the results of the Meet. In such cases of detection prior to the event that would be the violation event, the contestant shall be withdrawn and a substitute may be entered if in keeping with Rule 5 (submission of entries three events in advance). If not at least three events in advance, no replacement entry will be allowed.

RULE 3. DUAL MEETS - SWIMMING

- SECTION 1. Dual Meets shall be held on Saturday mornings and shall start not later than 9:00 a.m. except by mutual agreement between the competing clubs. (See also Rule 6)
- SECTION 2. Scoring for dual meets shall be as follows:
- Individual Events: 1st - 5 points
 2nd - 3 points
 3rd - 1 point
- Relay Events: Winning team - 7 points
 Losing team - 0 points
- SECTION 3. Ribbons shall be awarded to the first four places in the individual swimming events and only to the winning team members in relay events.
- SECTION 4. When a dead heat results in any event as borne out by the judges decision, the contestants shall be awarded duplicate ribbons. The points for that place and the next lower place shall be added together; one half awarded to each team.
- SECTION 5. When a team or individual is disqualified in any event, the following places shall move up accordingly and the points awarded to conform to the new places.
- SECTION 6. The Home Team shall swim in lanes 1, 3 and 5 and the Visiting Team shall swim in lanes 2, 4 and 6.
- SECTION 7. It is the responsibility of each TCSPA Representative to send the original meet sheet (signed by the Referee) from each official dual meet to the Swimming Records Chairperson along with the Hytek Team Manager computer disc with all times inputted properly. These sheets must be postmarked no later than 12 P.M. Monday following the meet. Meet sheets must be legible and filled out with #2 pencil. If swimmers have the same last names and the same first initial, the first name of these swimmers must be written in full. An infraction of any regulation concerning meet sheets will result in a \$25.00 fine being imposed on the offending club for each infraction of this Rule, not to exceed one infraction per week. All fines must be paid to the TCSPA Treasurer before the offending Club may participate in the Championship Meet.

SECTION 8. It shall be the duty of the Home Club to make copies of the official score sheets showing the results of the meet and to mail one copy to each of the other clubs remaining on both teams' competitive schedule. Should both competing clubs have a future meet with the same club, only one copy of the results need to be sent to that club. In case of postponed meets, results should be sent within two days after the meet. Each infraction of this rule, not to exceed one infraction per week, carries a \$25.00 fine (See Rule 3, Section 7).

Since the Announcer's copy of the meet sheets may on occasion be needed to determine who was an official swimmer in an event, The home team Tri-County Representative must secure the Announcer's copy of the meet sheet and hold on to it in case a question arises after the meet about discrepancies between the two official meet sheets.

SECTION 9. The Home Club shall furnish all equipment and supplies necessary to conduct the meet with the exception that each Club shall furnish its own watches and place judge cards.

RULE 4. THE STROKES

Current USA Swimming Rules (Short Course) and descriptions of the strokes shall apply.

RULE 5. COMPETITORS

SECTION 1. Each coach or TCSPA Representative shall submit 3 completed copies of his score sheet for dual meets to the scorers table at least ten (10) minutes before the start of the meet. Should the submitted score sheets disagree as to which swimmer is participating in an event and it is past the deadline for changes, the swimmer listed on two of the sheets must participate; otherwise, none of the swimmers in disagreement will be allowed to participate. The coaches shall submit any changes during the meet at least three events in advance of the change and no changes shall be allowed after that. All changes must be made on the official change card.

SECTION 2. A minimum of five (5) minutes warm up will be given contestants in lanes assigned by the referee prior to the start of the meet.

SECTION 3. When an event is called by the Announcer, competitors should report promptly to the starting end and check with the Head Lane Timer in their

lanes to confirm the accuracy of the entry cards. Undue delay in reporting may result in disqualification or other penalty of the competitor by the Referee.

RULE 6. CHANGES OF MEET DATE AND POSTPONEMENT AFTER MEET HAS

SECTION 1. When pool conditions at the home pool are such that postponement is probable, the Host Club should notify the Visiting Club's coach or TCSPA Representative of such conditions as early as possible to avoid the Visiting Club making an unnecessary trip. If postponed, the meet shall be rescheduled at a date and time mutually acceptable to both clubs.

SECTION 2. (BAD WEATHER) The Visiting Club should report to the Home Club at the normal time. Both clubs should try to "wait out" the bad weather until 10:00 a.m. If a club does not want to wait, or the weather does not improve, the meet should be rescheduled to be held Monday night or earlier. All decisions to cancel and reschedule the meet should be made by the two TCSPA Representatives, the two Coaches and the Referee.

SECTION 3. The Referee may interrupt the running of the events for short periods, when, in his opinion, conditions warrant such interruption. The Referee should consult with the Host Club officials as to the availability of the pool should the interruptions be unduly prolonged and should decide as to the resumption or postponement of the rest of the meet.

RULE 7. THE START

STATE RULE: Any swimmer starting at the shallow end of the pool in an individual event or a relay must start in the water if the pool depth is less than 4 feet. If the depth is between 4 and 5 feet the pool must receive permission from the state to have swimmers start at the shallow end.

TRICO RULE: In all 100 meter relay events the 2nd and 4th swimmer must start in the water.

SECTION 1. Preparation - The Starter:

A. Shall be provided with an electronic starting system. (In the event the start system fails, a .22 caliber starting gun may be

used. TCSPA discourages the use of a starting gun in dual meet competition.)

- B. Shall station himself/herself within ten feet of starting end of pool at a point where strobe is clearly visible to timers and horn is easily heard by starting swimmers.
- C. Upon signal from Referee, assumes full control of swimmers until a fair start has been achieved.
- D. Notifies swimmers of the distance and the event.
- E. Notifies relay swimmers that all but the last swimmer must leave the pool immediately upon completion of their leg.
- F. OPTIONAL INSTRUCTIONS

Stroke(s) to be used and the order of swimming them.
Number of pool lengths to be swum.

SECTION 2. The Start

- A. On receiving clearance from the Referee (for all events except backstroke and medley relay) directs swimmers to step onto the surface of the starting block or platform and remain there.
- B. Directs swimmers to "take your mark", to which they must immediately respond by assuming a starting position with at least one foot at the front edge of the starting block or platform. Sufficient time should follow "take your mark" to enable swimmers to assume starting positions, but no swimmer shall be in motion immediately before the starting signal is given.
- C. The current USA Swimming Whistle Command starting procedures do not apply for any Tri-County dual or championship meet. (Rule 102.14.4 A and B)

SECTION 3. Backstroke Start

- A. The swimmers shall line up in the water facing the starting end, with both hands placed on the gutter or on the starting grips.

- B. Prior to the command "take your mark" and until the feet leave the wall at the starting signal, the swimmer's feet, including the toes, shall be placed under the surface of the water. Standing in or on the gutter or curling the toes over the lip of the gutter is not permitted at any time before or after the start.

SECTION 4. False Starts

- A. When a swimmer does not respond promptly to the command "take your mark" or false starts before the starting signal is given, the Starter shall immediately release all swimmers with the command "Stand Up" upon which the swimmers may stand up or step off the blocks. Any swimmer who enters the water or backstroker who leaves the starting area shall be charged with a false start, except that a swimmer who would otherwise be charged with the false start may be relieved of the charge if the false start was caused by the swimmer's reaction to the command.
- B. All swimmers leaving their marks before the starting signal is given shall be charged with a false start, except that a swimmer who has false started because of the action or movement of another competitor may be relieved of the responsibility for the false start and a false start may be charged only to the offender. (Note exception for deliberate delay or misconduct.)
- C. In backstroke or medley relay events, a false start may be charged to any swimmer who fails to maintain his feet and/or hands in a legal position after the first warning.
- D. Dual Meets - When the starting signal is given and one or more swimmers have obtained an unfair advantage, all swimmers shall be recalled at once by a second signal. (The no recall rule of USA Swimming - rule 102.14.5 - shall not apply for dual meets.)
- E. Championship Meet - The no recall rule of USA Swimming, rule 102.14.5, shall apply. If the starting signal has been given before the disqualification is declared, the race shall continue without recall. If the Referee independently observes and confirms the starter's observation that a violation has occurred,

the swimmer or swimmers who have false started shall be notified of the disqualification upon completion of the race.

- F. A swimmer can be charged with a false start by the Starter only if the Referee or an officially designated certified Assistant Referee has observed the violation and confirms that the violation occurred.
- G. The Starter shall indicate the swimmer or swimmers, if any, who are charged with a false start.
- H. Any swimmer who is charged with committing or causing a false start shall be disqualified and shall not be permitted to swim the event. The swimmer may not swim unofficially for time.
- I. Dual Meets -I. A swimmer shall not be disqualified for an illegal starting position at the start or charged with a false start if the race is permitted to proceed without recall. Enforcement of the correct starting position is the responsibility of the Starter who may impose the appropriate penalty for violation before the starting signal is given.

SECTION 5. Deliberate Delay or Misconduct

- A. Any swimmer who delays the start by entering water, or by willfully or deliberately disobeying a Starter's command to step on the blocks or to take a starting position, or for any other misconduct taking place at the start, can be disqualified from the event by the Starter with concurrence of the Referee.
- B. A swimmer who fails to appear at the starting platform ready to swim in time for the initial start of his heat shall be disqualified.
- C. Such disqualifications shall not be charged as a false start.

RULE 8. FALSE STARTS, TURNS AND FINISH AND RELAYS

Current U.S.S. rules and descriptions shall apply. No false start ropes shall be used.

RULE 9. DISQUALIFICATIONS

Current U.S.S. rules and descriptions shall apply. The following sections give additional clarifications.

- SECTION 1. There shall be no coaching of contestants from the time they have reported to their starting positions until the race is finished. The Referee may disqualify the contestant(s) so coached in that race.
- SECTION 2. Any contestant charged with one false start in the same race shall be disqualified and may not swim in that race.
- SECTION 3. Obstructing another swimmer by swimming across or otherwise interfering shall disqualify the offender subject to the discretion of the Referee.
- SECTION 4. Should a foul endanger the chance of success of a contestant, the Referee shall have the power to order the event repeated. In case of collusion to foul another contestant, the Referee may, at his discretion, disqualify the contestant for whose aid the foul was committed as well as the contestant committing the foul.
- SECTION 5. Any relay team member and his/her relay team shall be disqualified from a race if a team member other than the swimmer designated to swim that leg shall jump into or enter the pool where the race is being conducted before all swimmers of all teams have finished the race.
- SECTION 6. No contestant may enter the pool prior to the start of a race or between contests, without the express permission of the Referee. Violation of this rule may result in the disqualification of the contestant in that event or a subsequent event at the discretion of the Referee.
- SECTION 7. A competitor that swims in an age group below his legal competitive age will be disqualified in that event.
- SECTION 8. Competitors swimming in more individual or relay events than allowed in Rule 2, Section 7, shall be disqualified as set forth therein.
- SECTION 9. A contestant of a relay team except the first, who leaves his mark before the swimmer of the previous leg has touched the finish line shall be disqualified. (The contestant may be in motion before the touch, but his feet must be in contact with the mark until such touch.)

- SECTION 10. Disqualification for any reason of one member of a relay team shall disqualify the entire team in that event.
- SECTION 11. Coaches having entrants in any event on the program shall not be allowed on the deck or starting platform or clerk of a course area during the progress of the competition without the explicit permission of the Referee. If a coach is by force of circumstance acting as an official (timer, judge, inspector, etc.) he shall contain his activities to his official duties and may not act as coach with members of his team during any and all events. Upon being notified of a violation of this rule, the Referee shall warn the offending coach to stay off the deck under penalty of disqualification of the offending coach's team for such succeeding events in the meet as the Referee decides the circumstances warrant. The Referee may remove or cause to have removed the offending coach from the deck area for repeated violations of this rule as well as invoking the disqualification clause above.

RULE 10. OFFICIALS AND DUTIES

- SECTION 1. TCSPA Representatives - If a swim club is not represented at three meetings in a period of one year a letter will be sent to the President of that club asking to correct this situation.
- SECTION 2. TCSPA Coaches - TCSPA Representatives must make every effort to insure that his club's coach attends the Coach's meeting at the Officials' Clinic.
- SECTION 3. The officials required for dual meets are the Starter, Referee, Timers, Place Judges, Stroke and Turn Judges.
- SECTION 4. Current U.S. rules and descriptions of duties for Referee and Starter apply.
- SECTION 5. There shall be at least three (3) timers on each lane. One timer shall be considered the Head Timer and shall mark the official time on the entry card.
- SECTION 6. Two across-the-board judges (one from each team) shall judge the order of finish of all swimmers. Should both agree in all lanes, that shall be the official placement. If they disagree, a modified ballot shall be used.

SECTION 7. Referees, Starters and Stroke & Turn Judges shall be certified and re-certified every two years. In the event of significant rule changes, the Swimming Coordinator may require re-certification of all officials for a given season. It will be required that all Starters and Referees also be certified in Stroke and Turn Judging. A list of currently certified officials shall be sent to all clubs. Certificates shall be by U.S., NCAA, YMCA, N.J. Federation or TCSPA. If one club does not have sufficient certified officials, then certified officials from the other clubs will fill the positions. If there are not sufficient certified officials available, then uncertified officials may be used.

SECTION 8. TCSPA Representatives shall not make any rule changes related to dual meet competition during the season itself. All rule changes must be proposed and approved **before** the June TCSPA meeting.

RULE 11. TCSPA RECORDS

SECTION 1. A new TCSPA record may be made by a winning official swimmer in dual meet competition or championship meet.

SECTION 2. A swimmer may establish a new TCSPA individual event record only in his own age group. In swimming up, in an age group where the distance swum is the same, a younger swimmer can establish a new record for his own age group. A swimmer swimming up must win the event in order to set a record.

SECTION 3. A relay team in order to establish a new record must be composed of members of that age group.

SECTION 4. Application for a new record shall be the entry card for that event, with all three times recorded and signed by the proper Lane Timers and the Referee. The swimmer's age must be entered on the card next to his name. The scoring table shall be responsible for obtaining the signatures, through the Referee, as soon after the event as possible.

SECTION 5. The President shall appoint a Records Chairperson. Applications for a new record must be sent by the record setting club to the respective Records Chairperson and must be postmarked by the first weekday following the meet.

RULE 12. TEAM ROSTERS

SECTION 1. Insurance waivers are to be retained at each club. A set of signed insurance waivers and a current roster are to be at the scoring table prior to the start of each meet.

If requested by the opposing coach, Meet Director or TCSPA Representative, the roster and insurance waiver form must be offered for inspection. Failure to comply with such a request shall carry a \$25.00 fine to the offending club (see Rule 3, Section 7) The TCSPA Representative and coach for each club is required to certify that the information contained in the Team Roster submitted is accurate.

If there is a question about the eligibility of a swimmer during the meet, and the insurance waiver is not at the scoring table or the swimmer is not on the roster at the scoring table, the swimmer will be ineligible to swim in the meet and any points already scored by his participation will be nullified.

The Tri-County Representative shall submit an electronic roster and a signed printed copy of the team roster certifying that the roster is accurate and that signed insurance waivers are on file for all swimmers. These materials are due and the annual clinics two weeks before the start of the season.

A copy of an up-to-date roster must be maintained by each coach and it shall be in his possession at all dual meets and championships.

SECTION 2. Eligibility - Only sons and daughters of bona fide members regularly living with club members and considered as members of the family shall be eligible. TCSPA Representatives shall be responsible for the observance of this rule within their own clubs. This rule will exclude from official competition in dual and championship meets the following swimmers:

1. Children of club employees who have been given family rights for use of a club as a term of employment.
2. Children of families who are on a waiting list to join a club.
3. Children of families who accept a membership which result in a lesser financial obligation (in bond or yearly dues) than that of other members of the club.

4. A swimmer may not swim for more than one TCSPA club during a season unless a change of residence is involved.

Eligibility Committee - Inquiries about, appeals concerning, and enforcement of, the above TCSPA eligibility rules will be heard by a committee of TCSPA Representatives. The makeup of the committee will be as follows:

- a. Consist of representatives of twelve clubs selected by random draw and not including any member of the executive committee.
- b. Upon selection of the representatives each year, the committee will meet and elect a non-voting chairperson from the committee of twelve who will serve in that capacity for the remainder of the year. The chairperson will report any and all information of the committee to the President of TCSPA as soon as possible after receipt of a case or after a meeting
- c. At the end of the first year, six reps (selected at random) will be replaced on the committee by six others also drawn at random. After the second year, the six reps who remain from the first year will be replaced by six others (selected at random from those who have not yet served) This will ensure a continuum so that a rep serves on the committee for a term of two years. NOTE: the term of two years is for the representative of a specific club, not a specific individual.

All appeals, or accusations of others, must be submitted in writing to the chairperson of the eligibility committee. Upon receipt of such document, the chairperson shall, within one week's time, hold a meeting of the committee to consider all arguments of the case. In order for a decision to be made by the committee, a quorum of at least six (6) voting members and the chairperson must be present. In the event of a tie vote, the chairperson will cast the deciding vote. In order to facilitate the gathering of information concerning the case, the committee has the right and responsibility to ask the club in question for documentation (i.e. birth certificates, canceled checks, copies of most recent tax returns, and current by-laws and membership information) concerning the individual, the club, and the specific case. Once a decision has been reached by the committee, the clubs in question will be notified by the chairperson.

The decision of the committee will be considered final in all matters of eligibility.

If determination is made by the committee that a swimmer is ineligible, all meets in which that swimmer participated will be re-figured in terms of points scored by that swimmer in both individual and relay events. The final score will be modified accordingly, as will all times for championship meet qualification.

Fees - In order to alleviate a plethora of cases for which the committee will be responsible, it will be necessary for the accusing club to file their case along with a check for \$25.00 per case, payable to TCSPA. If their accusations are upheld, the club at fault will write a check payable to TCSPA in the amount of \$50.00 as penalty, and the accusing club will have their check returned. If the accused club is found not guilty of any wrongdoing, the check from the accusing club will be cashed and deposited in the TCSPA account.

Request from clubs concerning the eligibility of a particular swimmer before the swimmer participates are strongly recommended and will be ruled on by the Eligibility Committee without a charge or fee.

RULE 13. CONDUCT, APPEALS AND PROTESTS

SECTION 1. Appeals and Protests - The decision of the Referee in matters of judgment is considered final and may not be appealed. Decision based on these rules and the interpretation thereof may be referred to the Swimming Coordinator. If the question cannot be resolved, it may be referred to the TCSPA Appeals Committee for final decision. Except as herein stated, protest or notice of appeal should be made to the Referee within thirty minutes after the conclusion of the meet and confirmed in writing within one week. Should the Referee encounter any unusual conditions during a meet necessitating disciplinary penalties he shall refer to the code of conduct procedures. (See Appendix A)

SECTION 2. Appeals Committee - The President of TCSPA shall appoint an Appeals Committee prior to the start of the dual meet season. This Committee shall consist of five (5) members including himself, two of whom shall be members of the Rules Committee. Should a member of the Appeals Committee be a member of one of the clubs involved in the appeal, he shall not serve on the Appeals Committee for that case. The President shall appoint a representative of some neutral club, if necessary, to

serve as an ad hoc member of the Appeals Committee. This committee shall consider all protests and appeals concerning conduct of meets and interpretations of the rules governing meets and its decision shall be final.

RULE 14. CHAMPIONSHIP SWIMMING MEET - SPECIAL RULES

- SECTION 1. The Championship Meet will be a Two Day Meet. Saturday's competition schedule will start no later than 9:00 a.m. Sunday's competition shall start after the Parade of Champions.
- SECTION 2. To Be Eligible for the Championship Meet, a swimmer must have competed in at least two (2) dual meets. This rule may be waived by the Appeals Committee only upon presentation of a medical certificate.
- SECTION 3. To Enter an Individual Event, a swimmer must meet the TCSPA qualifying time standard in an official dual meet. TCSPA will establish the time standards annually.
- SECTION 4. Participants Must Compete in Their Own Age Groups in all events.
- SECTION 5. Each TCSPA Club will be allowed to enter one medley and one freestyle relay team for each age group subject to limitations established by TCSPA from time to time.
- SECTION 6. Fees for individual events, relays and spectator participation shall be set annually by TCSPA.
- SECTION 7. Entries for Individual Events: Any swimmer may be entered to swim in only two individual events in his own age group. He may also swim in one Medley and one Freestyle Relay in his own age group. Relays with no official time submitted shall be considered slowest and be seeded last by draw.
- SECTION 8. Entries For the Relays: Each club may enter only one relay team per event. No swimmer may "swim up" in relays. Names of no more than twelve swimmers may be listed on the entry card turned in at the seeding meeting. A relay team does not have to select swimmers until they step up on the block and give the timer their names and order.

SECTION 9. All entries must be submitted at the seeding meeting called for the purpose of seeding the Championship Meet. All entries must be in by 8 p.m.

SECTION 10. Penalties for being entered illegally on the official entry form or swimming illegally are as follows:

- a. Swimming or being entered out of age group, the swimmer shall be disqualified in the event.
- b. If a swimmer is illegally entered on the entry sheet as to the number of events and if the infraction is detected prior to the start of trials for his age group, the swimmer shall be permitted to swim the first two individual events in which he has been entered and will be scratched from all subsequent individual events.
- c. Should a swimmer swim in more than two individual events or in more than one relay of the same type he shall be disqualified in all events that he has swum and may not compete in the remainder of the meet.
- d. Any club guilty of any infractions resulting in penalties under this section shall be subject to such penalties as the TCSPA Board shall decide, including, but not limited to, probation or expulsion.

SECTION 11. Saturday's Time Trial will be seeded with the official time submitted on the official Tri-County entry forms and diskette. All seed times for both individual and relay entries shall come from legal qualifying times achieved during the regular season dual meet season.

SECTION 12. When swimming in a six-lane pool, finalists will be chosen from the 12 fastest times for each individual event. The fastest 6 times will be considered the "Final" heat and the remaining 6 times will be considered the "Consolation" heat.

When swimming in an eight-lane pool, finalists will be chosen from the 16 fastest times for each individual event. The fastest 8 times will be considered the "Final" heat and the remaining 8 times will be considered the "Consolation" heat.

SECTION 13. Scratches: Official U.S. rules concerning scratches will be followed except that the competitor's coach shall notify the Chief Scorer of the scratch rather than the Referee as stated. Scratches may be made only by the Coach within the 30 minute time limit specified in the rule. The announcer shall announce the 12 (or 16) finalists and the alternate for each individual event, stating the exact time of the announcement for the guidance of the Coaches. The Announcer shall keep a record of the time of such announcements for examination by Meet Officials.

Scoring of the Finals will be as follows:

For six-lane pools:

Individual events:

Finals: 16, 13, 12, 11, 10, 9

Consolation: 7, 5, 4, 3, 2, 1

Relay events:

Finals: 32, 26, 24, 22, 20, 18

Consolation: 14, 10, 8, 6, 4, 2

For eight-lane pools:

Individual events:

Finals: 20, 17, 16, 15, 14, 13, 12, 11

Consolation: 9, 7, 6, 5, 4, 3, 2, 1

Relay events:

Finals: 40, 34, 32, 30, 28, 26, 24, 22

Consolation: 18, 14, 12, 10, 8, 6, 4, 2

Team winners will be determined by the total score accumulated in swimming events only. Trophies will be awarded to the three teams with the highest scores. In case of a tie, duplicate awards will be made.

SECTION 14. Officials: Each club will furnish officials as requested by the TCSPA Officials Committee. Coaches will not be assigned official type duties and will remain off the pool apron at all times. (A special reserved section will be provided for coaches and they may be on that section of the apron only.) Timers must supply their own watches. Please check watch accuracy before the day of the meet.

SECTION 15. (Deleted - does not apply)

SECTION 16. Each entrant will be awarded a "Championship Meet" memento.

SECTION 17. Medals will be awarded to the finalists. Suitable awards will be given for swimmers in the consolation heat.

- SECTION 18. Immediately after the Conclusion of the Meet, the point scores will be totaled by the scorers and the results announced. The President of TCSPA will call for Representatives of the clubs finishing first, second, and third and present them with team trophies.
- SECTION 19. Clubs are responsible to keep their members under control at all times and to discourage needless wandering around the grounds on both days. It is requested that each club have a responsible adult person in the area assigned to its team at all times so as to maintain order. This will free the coaches for more pertinent duties.
- SECTION 20. To pay tribute to the Swimmers who have participated in their last year in TCSPA competition due to age, the customary recognition ceremony will be held prior to the start of the afternoon finals on Sunday. Coaches are requested to have a list of all their swimmers in this category ready to present to the announcer's table no later than 12:30 p.m., Saturday. This is applicable to swimmers whether or not they qualify for this year's Championship Meet.

RULE 15. SUBMISSION OF ENTRY CARDS

A procedure for submitting TCSPA championship qualifying times is as follows: After each dual meet the swimmers card with the qualifying time shall be submitted to the records chairperson for both individual and relay events. Any subsequent best times for the event shall be submitted after each dual meet. Along with the cards, the computer disc with properly inputted times shall also be submitted to the records chairperson.

RULE 16. BEST TIMES LIST

A list of the fastest times in each event should be published at least once during the season.

RULE 17. FINAL STANDINGS

Final standings in a division shall be based on points - with two points awarded for a win, one point for a tie, and no points for a loss. The winners in all divisions, except the highest division, shall compete in the next higher division the following year. Ties in standings, for the

purposes of determining teams that are changing divisions, are to be broken as follows:

- a. Two Team Ties - If two teams each have equal losses and one team has a loss to the other, the team that defeated the other tied team will be ranked higher.
- b. Ties involving More Than Two Teams - If three or more teams have an equal number of losses and one of these teams defeated the other tied teams it will be ranked highest. The remaining teams will be ranked according to the lowest point difference in lost meets. If three or more teams each have an equal number of losses, and no one team defeated all others of the tied teams, the ranking will be decided by the lower point difference in lost meets.
- c. Two Teams who Tie each other - If two teams are tied in record and had a tied dual meet, and have losses to other teams, then the lowest point difference in lost meets shall apply as described above. If there are no losses to other teams, and/or a tie in point difference in lost meets, then the team that had the most first places in the tied dual meet shall be ranked higher. If this is still a tie, then the number of second places, etc. shall be counted until a determination can be made for the higher ranked team.

APPENDIX A

TRI-COUNTY SWIMMING POOL ASSOCIATION CODE OF CONDUCT

In assuming our responsibility to promote positive values, ethical behavior and integrity in the sport of swimming, the Tri-County Swimming Pool Association (TCSPA) encourages a renewed emphasis on sportsmanship and good conduct in all levels of participation.

We have the potential to provide a positive example for our swimmers. The actions we display must be a model of desired behavior.

UNSPORTSMANLIKE CONDUCT

Unsportsmanlike conduct shall include but not be limited to the following:

- a. Any person* who strikes or physically abuses an official, coach, participant, or spectator.
- b. Any person* who intentionally incites participants or spectators to violent or abusive action.
- c. Any person* who uses obscene gestures or profane or unduly provocative language or actions toward an official, coach, participant or spectator.
- d. Any person* who displays signs or body painting of an offensive nature.

DISQUALIFICATION

Any person* who demonstrates unsportsmanlike flagrant misconduct, physical or verbal, will be directed to leave the premises by action of the Meet Referee. This disqualification is a judgement call by the Meet Referee and the decision is final and may not be appealed. Officials are reminded that prudent judgement should be utilized prior to any disqualification and they must be certain that the act warrants disqualification.

COACHES CONDUCT

In the case of an unsportsmanlike disqualification of a coach, the above process will apply. In addition, the following procedure will be employed:

1. Following disqualification, the Meet Referee and the offending team's Tri-County Representative should ascertain the availability of another coach who can assume responsibility for the team.

2. The Meet Referee will mail written notification of the coach's disqualification to the TCSPA Swimming coordinator and the TCSPA Secretary on the Disqualification (DQ) Form on the day of the incident

*TCSPA defines Any person to include spectators, participants, coaches and officials.

3. The TCSPA Swimming Coordinator and the TCSPA Secretary will issue a written reprimand to the offending coach within three days of receipt of the DQ Form.
4. The TCSPA Secretary will send a copy of the DQ Form to those Tri-County Representatives in the same division as that of the offending coach within two days of receipt of the DQ Form.
5. The TCSPA Secretary will also send a copy of the written reprimand to the offending coach's Board of Directors within three days of receipt of the DQ Form.

Should any coach be disqualified for a second time in one season for unsportsmanlike conduct, the disqualification process will be repeated. In addition:

6. A coach disqualified for a second unsportsmanlike offense will automatically be suspended from the next scheduled AA meet [Championship Meet included, which will count as two meets (Prelims and Finals)]. Such suspension prevents a coach from being present at the site.
7. A coach who is disqualified a second time, resulting in suspension, will be required to appear before the TCSPA Executive Board.